

Choose Wisely is an eight session, cognitive behavioral substance abuse intervention curriculum. Choose Wisely is based in Choice Theory/Reality Therapy and guides the users through exercises to make better choices in their lives. The program, Choose Wisely, was designed for and successfully implemented in a residential treatment program for substance abusing felons operating as a modified therapeutic community for incarcerated, adult offenders. Feedback about Choose Wisely from clients who completed the program (approximately 200 individuals) was overwhelmingly favorable. Comments from clients indicated that they found the lessons on Basic Needs and problem solving especially helpful. Classes were conducted for one hour per week, one time per week. The program has been continuously running since that time. Since the introduction of Choose Wisely into correctional practice in 2002, it has received praise from both correctional clients and staff in a variety of venues somewhat different than its original setting. Choose Wisely was implemented and taught for four years in outpatient treatment for adult, repeat felony offenders court-ordered to community supervision. Approximately 200 individuals were exposed to the program during this time. Evaluations of the program received from participants (anonymously submitted) were over 90% positive. Negative comments were of a general nature (e.g., being coerced to attend any program) and not specific to Choose Wisely. The program was also implemented in a county jail. Participants were both male and female volunteers (in different classes) who received no direct advantages for their participation, e.g., they were not promised time off of their sentence for participation in the program. Feedback from the participants was overwhelmingly favorable. Negative comments were primarily focused on a lack of individual time with the instructors (Learners said that they wanted but did not have individual time with the Instructors). Individual counseling, however, is not a part of the Choose Wisely program. These comments were unique to the jail program and were not a part of the feedback from residential treatment and outpatient treatment groups. Choose Wisely was also presented to educators at the Breaking Tradition 2012 online conference sponsored by Albemarle County (VA) Public Schools, Blackboard and the William Glasser Institute. I have since corresponded with educators who were interested in implementing the Choose Wisely program in their countries.

The Retina A Model for Cell Biology Studies Part_1: Pt. 1 (Cellular Neurobiology : a Series), Thermal Biosensors, Bioactivity, Bioaffinity (Advances in Biochemical Engineering Biotechnology 64), The Experiment in the History of Economics (Routledge Studies in the History of Economics), Otter Survey of England, 1991-1994: A Report on the Decline and Recovery of the Otter in England and on Its Distribution, Status and Conservation, My First Book of Indonesian Words: An ABC Rhyming Book of Indonesian Language and Culture, Wetland Plants of Oregon and Washington (Wetland Plants of Oregon & Washington),

Choose Wisely: Cognitive Behavioral Substance Abuse Intervention - Buy Choose Wisely Facilitators Manual: Cognitive Behavioral Substance Abuse Intervention Program: Volume 1 book online at best prices in India **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Dr. Ron Mottern on the Judy in the Morning show, discussing the Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program and Cognitive **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Find great deals for Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program by Dr Ron Mottern (Paperback / softback, 2012). Shop with **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** 2012?9?21? ??:Choose Wisely Facilitators Manual: Cognitive Behavioral Substance Abuse Intervention Program,??:??,ISBN:9781479367801, **Choose Wisely: Cognitive Behavioral Substance**

Abuse Intervention You can read online Choose Wisely Cognitive Behavioral Substance Abuse Intervention Program full book or download this book, please follow instruction to **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Choose Wisely is an eight session, cognitive behavioral substance abuse Feedback about Choose Wisely from clients who completed the program **9781479367801: Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Download Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program PDF eBook. [Download] Choose Wisely: Cognitive Behavioral **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Choose Wisely is an eight session, cognitive behavioral substance abuse intervention The program, Choose Wisely, was designed for and successfully **Choose Wisely: Cognitive Behavioral Substance Abuse - Australia** Choose Wisely is an eight session, cognitive behavioral substance abuse Cognitive Behavioral Substance Abuse Intervention Program **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program. Choose Wisely is an eight session, cognitive behavioral substance abuse **Choose Wisely Program - Back - MOTTERN INSTITUTE** : Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program: Ships with Tracking Number! INTERNATIONAL WORLDWIDE **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Rated 5.0/5: Buy Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program by Dr. Ron Mottern: ISBN: 9781479367801 : ? 1 **Free Download Choose Wisely Cognitive Behavioral Substance** Find helpful customer reviews and review ratings for Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program at . Read honest in-stock. Choose Wisely is an eight session, cognitive behavioral substance abuse Feedback about Choose Wisely from clients who completed the program Choose Wisely Cognitive Behavioral Substance Abuse Intervention Program (?). **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Choose Wisely: Cognitive Behavioral Substance Abuse Intervention . Choose Wisely: Cognitive Behavioral Substance Abuse **MOTTERN INSTITUTE - Choose Wisely Program** ?Choose Wisely: Cognitive Behavioral Substance Abuse Intervention . ?Choose Wisely: Cognitive Behavioral Substance Abuse **Choose Wisely Facilitators Manual: Cognitive Behavioral Substance** : Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program (9781479367801) by Mottern, Dr. Ron and a great selection of **Choose Wisely - Boken Sokning (aka DieBuchSuche)** in-stock. Choose Wisely is an eight session, cognitive behavioral substance abuse Feedback about Choose Wisely from clients who completed the program Choose Wisely Cognitive Behavioral Substance Abuse Intervention Program (?). **none** Choose Wisely is an eight session, cognitive behavioral substance abuse Cognitive Behavioral Substance Abuse Intervention Program **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Free Download Choose Wisely Cognitive Behavioral Substance Abuse Intervention Program. Authors Rehabs and Drug Rehab Options Jeffrey **Choose Wisely Cognitive Behavioral Substance Abuse Intervention** [Download] Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program Free Books. more. Capture date : 05/27/2016 **roneslingers review of Choose Wisely: Cognitive Behavioral Substa** Choose Wisely: Cognitive Behavioral Substance Abuse Intervention . Choose Wisely: Cognitive Behavioral Substance Abuse **Choose Wisely - aka DieBuchSuche** Choose Wisely: Cognitive Behavioral Substance Abuse Intervention Program: Dr. Ron Mottern: 9781479367801: Books - . **Choose Wisely - La Recherche du Livre (aka DieBuchSuche)** ?Choose Wisely: Cognitive Behavioral Substance Abuse Intervention . ?Choose Wisely: Cognitive Behavioral Substance Abuse **Choose Wisely: Cognitive Behavioral Substance Abuse Intervention** Choose Wisely is an eight session, cognitive behavioral substance abuse intervention The program, Choose Wisely, was designed for and successfully . **[Download] Choose Wisely: Cognitive Behavioral Substance Abuse** Choose Wisely is an eight session, cognitive behavioral

substance abuse Feedback about Choose Wisely from clients who completed the program

[\[PDF\] The Retina A Model for Cell Biology Studies Part_1: Pt. 1 \(Cellular Neurobiology : a Series\)](#)

[\[PDF\] Thermal Biosensors, Bioactivity, Bioaffinity \(Advances in Biochemical Engineering Biotechnology 64\)](#)

[\[PDF\] The Experiment in the History of Economics \(Routledge Studies in the History of Economics\)](#)

[\[PDF\] Otter Survey of England, 1991-1994: A Report on the Decline and Recovery of the Otter in England and on Its Distribution, Status and Conservation](#)

[\[PDF\] My First Book of Indonesian Words: An ABC Rhyming Book of Indonesian Language and Culture](#)

[\[PDF\] Wetland Plants of Oregon and Washington \(Wetland Plants of Oregon & Washington\)](#)